# Center for Autism and Early Childhood Mental Health

14 Normal Avenue, Montclair NJ 07043 (973) 655 - 6685

# Training Series: Keeping Babies & Children in Mind

The Center for Autism and Early Childhood Mental Health (CAECMH) at Montclair State University is pleased to announce free training during Summer 2017.

The **Keeping Babies and Children in Mind** trainings promote awareness about the unique social and emotional development of our youngest children, the importance of reflective caregiving and parenting towards building resilience, and the centrality of forming relationships and social connections in practice.

The 'Keeping Babies and Children in Mind' series is comprised of seven, three-hour workshops. Although the workshops are designed to be taken in order, each workshop will be able to stand alone.

This training meets specific requirements of the newly adopted NJ Association for Infant Mental Health Competency Guidelines & Endorsement System (<a href="https://www.nj-aimh.org">www.nj-aimh.org</a>).

To view (or print) an announcement flyer for each location, please click the links below:

- KBCM Jersey City (Hudson County)
- KBCM Neptune (Monmouth County)
- KBCM Princeton (Mercer County)

#### Registration

If you are a member of the NJ Registry and/or participating in Grow NJ Kids, please use the following link to sign up for the workshops: https://www.pinjregistry.org/index.cfm?module=login

If you are not a member of PINJ, you can also use the following links to register:

- Registration Link Jersey City (Hudson County)
- Registration Link Neptune (Monmouth County)
- Registration Princeton (Mercer County)

If you have any questions, please contact our team at:

PHONE: (973) 655 – 6685 EMAIL: SEFi@mail.montclair.edu





# **Keeping Babies & Children in Mind**

Professional Training and Support for the Promotion of Infant and Early Childhood Mental Health

# ANNOUNCING FREE WORKSHOPS IN INFANT & EARLY CHILDHOOD MENTAL HEALTH

<u>wно</u>: Professionals who work with infants, young children & their families (*pregnancy through age eight*), are invited to attend this training series.

**WHERE:** Hosted by The Urban League of Hudson County

Location: 253 Martin Luther King Drive, 4<sup>th</sup> Floor training room, Jersey City, NJ 07305

\*\*\*Please feel free to bring dinner with you and enjoy as we learn together

WHEN: Wednesday, July 12<sup>th</sup> from 6:00pm – 9:00 pm Workshop #1 of 7: What Happens Early Matters

Wednesday, July 19th from 6:00pm – 9:00 pm Workshop #2 of 7: Infant and Early Childhood Development

Wednesday, July 26<sup>th</sup> from 6:00pm – 9:00 pm Workshop #3 of 7: The Language of Behavior

Wednesday, Aug. 2<sup>nd</sup> from 6:00pm – 9:00 pm Workshop #4 of 7: Early Stress & the Power of Meaningful Connections

**Wednesday**, Aug. 9<sup>th</sup> from 6:00pm – 9:00 pm **Workshop #5 of 7:** Relationship-based Practices

Wednesday, Aug. 16<sup>th</sup> from 6:00pm – 9:00 pm Workshop #6 of 7: How Culture Shapes Social Emotional Development

Wednesday, Aug 23<sup>rd</sup> from 6:00pm – 9:00 pm Workshop #7 of 7: Reflective Practices: Caring for Ourselves

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- ✓ This training promotes awareness about the unique social and emotional development of our youngest children, the importance of reflective caregiving and parenting towards building resilience, and the centrality of forming relationships and social connections in practice.
- ✓ Although the workshops are designed to be taken in order, each workshop will be able to stand alone.

### To find out more information, including **HOW TO REGISTER**, please visit:

√ The PINJ Registry website: <a href="https://www.pinjregistry.org/index.cfm?module=login">https://www.pinjregistry.org/index.cfm?module=login</a>

√ The Grow NJ Kids website: http://www.grownjkids.com/

## If you have any questions, PLEASE contact our team at:

EMAIL: sefi@mail.montclair.edu PHONE: (973) 655 - 6685

#### Funded by the NJ DEPARTMENT OF HUMAN SERVICES, DIVISION OF FAMILY DEVELOPMENT

The Department of Human Services (DHS), Division of Family Development (DFD) recognizes that the key to promoting positive development in young children includes helping caregivers and parents understand the adverse effects of traumatic events on young children. Effective Infant and Early Childhood Mental Health (IECMH) education has been shown to improve maternal and child health, family functioning and stability, and child and family well-being; and prevent child neglect and abuse. With support from the Race to the Top Early Learning Challenge grant and the Grow NJ Kids initiative, DFD has allocated funding for IECMH professional education/training and coaching to build local staff knowledge and capacity, and implement evidence-based practices that support positive social-emotional well-being and address the mental health needs of infants/young children and their families. The goal is to assist children and their families to effectively cope with the stress of traumatic events (such as Superstorm Sandy), promote positive early childhood development, and buffer the negative impacts by strengthening families and building resilience.





# **Keeping Babies & Children in Mind**

Professional Training and Support for the Promotion of Infant and Early Childhood Mental Health

# ANNOUNCING <u>FREE</u> WORKSHOPS IN INFANT & EARLY CHILDHOOD MENTAL HEALTH

wно: Professionals who work with infants, young children & their families (*pregnancy through age eight*), are invited to attend this training series.

**WHERE**: Organization: Hosted by Child Care Resources of Monmouth County

Location: 3301 Route 66, Building C, Neptune, NJ 07754 (West Side Plaza)

\*\*\*Please feel free to bring lunch with you and enjoy as we learn together

WHEN: Thursday, June 29th from 12:00 – 3:00 pm Workshop #1 of 7: What Happens Early Matters

**Thursday**, July 6th from 12:00 – 3:00 pm **Workshop #2 of 7**: Infant and Early Childhood Development

**Thursday**, July 13th from 12:00 – 3:00 pm **Workshop #3 of 7:** The Language of Behavior

**Thursday**, July 20th from 12:00 - 3:00 pm **Workshop #4 of 7:** Early Stress & the Power of Meaningful Connections

**Thursday**, July 27th from 12:00 – 3:00pm **Workshop #5 of 7:** Relationship-based Practices

Thursday, Aug. 3rd from 12:00 – 3:00 pm Workshop #6 of 7: How Culture Shapes Social Emotional Development

Thursday, Aug 10th from 12:00 – 3:00 pm Workshop #7 of 7: Reflective Practices: Caring for Ourselves

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WHERE: Organization: Hosted by University NOW Day Nursery

171 Broadmead Ave., Princeton, NJ 08540

<u>WHEN</u>: **Tuesday**, June 27th from 5:00 – 8:00 pm **Workshop #1 of 7**: What Happens Early Matters

**Tuesday**, July 11th from 5:00 – 8:00 pm **Workshop #2 of 7**: Infant and Early Childhood Development

**Tuesday**, July 25th from 5:00 – 8:00 pm Workshop #3 of 7: The Language of Behavior

Tuesday, Sept. 12th from 5:00 - 8:00 pm Workshop #4 of 7: Early Stress & the Power of Meaningful Connections

**Tuesday**, Sept. 26th from 5:00 – 8:00pm **Workshop #5 of 7:** Relationship-based Practices

Tuesday, Oct. 10th from 5:00 – 8:00 pm Workshop #6 of 7: How Culture Shapes Social Emotional Development

Thursday, Oct. 26th from 5:00 – 8:00 pm Workshop #7 of 7: Reflective Practices: Caring for Ourselves

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