

Keeping Babies & Children in Mind

Professional Training and Support for the Promotion of Infant and Early Childhood Mental Health

ANNOUNCING FREE WORKSHOPS IN INFANT & EARLY CHILDHOOD MENTAL HEALTH

WHO: Professionals who work with infants, young children & their families (*pregnancy through age eight*), are invited to attend this training series.

WHERE: Burlington County Community Action Program,
795 Woodlane Road, Lecture Hall B, Westampton, NJ 08060

WHEN: Thursday, Sept 14 th	from 6:00 – 9:00 pm	Workshop #1 of 7: What Happens Early Matters
Thursday, Sept 28 th	from 6:00 – 9:00 pm	Workshop #2 of 7: Infant and Early Childhood Development
Thursday, Oct 12 th	from 6:00 – 9:00 pm	Workshop #3 of 7: The Language of Behavior
Thursday, Nov 2 nd	from 6:00 – 9:00 pm	Workshop #4 of 7: Early Stress & the Power of Meaningful Connections
Thursday, Nov 9 th	from 6:00 – 9:00 pm	Workshop #5 of 7: Relationship-based Practices
Thursday, Nov 16 th	from 6:00 – 9:00 pm	Workshop #6 of 7: How Culture Shapes Social Emotional Development
Date TBD	from 6:00 – 9:00 pm	Workshop #7 of 7: Reflective Practices: Caring for Ourselves

The ‘**Keeping Babies and Children in Mind**’ series is comprised of seven, three-hour workshops.

- ✓ This training promotes awareness about the unique social and emotional development of our youngest children, the importance of reflective caregiving and parenting towards building resilience, and the centrality of forming relationships and social connections in practice.
- ✓ Although the workshops are designed to be taken in order, each workshop will be able to stand alone.

To find out more information, including **HOW TO REGISTER**, please visit:

- ✓ The NJ Workforce Registry website: <https://www.njccis.com/njccis/login>
- ✓ The Grow NJ Kids website: <http://www.grownjkids.com/>

If you have any questions, PLEASE contact our team at:

EMAIL: sefi@mail.montclair.edu

PHONE: (973) 655 - 3890

Funded by the NJ DEPARTMENT OF HUMAN SERVICES, DIVISION OF FAMILY DEVELOPMENT

The Department of Human Services (DHS), Division of Family Development (DFD) recognizes that the key to promoting positive development in young children includes helping caregivers and parents understand the adverse effects of traumatic events on young children. Effective Infant and Early Childhood Mental Health (IECMH) education has been shown to improve maternal and child health, family functioning and stability, and child and family well-being; and prevent child neglect and abuse. With support from the Race to the Top Early Learning Challenge grant and the Grow NJ Kids initiative, DFD has allocated funding for IECMH professional education/training and coaching to build local staff knowledge and capacity, and implement evidence-based practices that support positive social-emotional well-being and address the mental health needs of infants/young children and their families. The goal is to assist children and their families to effectively cope with the stress of traumatic events (*such as Superstorm Sandy*), promote positive early childhood development, and buffer the negative impacts by strengthening families and building resilience.

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WHERE: **Beachwood Nursery School**
1014 Pinewald Road, Beachwood, NJ 08722

WHEN: WED., Sept. 20 th from 6:00 – 9:00 pm	Workshop #1 of 7: What Happens Early Matters
WED., Sept. 27 th from 6:00 – 9:00 pm	Workshop #2 of 7: Infant and Early Childhood Development
WED., Oct. 11 th from 6:00 – 9:00 pm	Workshop #3 of 7: The Language of Behavior
WED., Oct. 18 th from 6:00 – 9:00 pm	Workshop #4 of 7: Early Stress & the Power of Meaningful Connections
WED., Oct. 25 th from 6:00 – 9:00 pm	Workshop #5 of 7: How Culture Shapes Social Emotional Development
WED., Nov. 1 st from 6:00 – 9:00 pm	Workshop #6 of 7: Relationship-based Practices
WED., Nov. 15 th from 6:00 – 9:00 pm	Workshop #7 of 7: Reflective Practices: Caring for Ourselves

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